

Trustee Recruitment – Strength & Learning Through Horses

Location: Barnet, North London (board meetings mostly online. 1 meeting per year in person in Barnet but proximity to visit the centre more regularly a bonus)

Time Commitment: 6 board meetings per year + approx. 2–3 hrs/month

Remuneration: Voluntary

About Strength & Learning Through Horses

Strength & Learning Through Horses (SLTH) is an award winning London based youth charity delivering equine-assisted therapy, alternative education and mental health support to over 600 young people each year. Working from our centre in Barnet, we combine evidence-based therapeutic practice with the unique relational power of horses to help young people build emotional regulation, confidence, communication skills and a sense of belonging. Where young people are unable to learn in a classroom setting we can support them to access an education via our alternative education provision.

Following 15 years of sustained growth, we have become one of the UK's largest providers of equine-assisted services. We are now entering an exciting new phase as we complete the development of a purpose-built centre, expand the number of young people we support and refine our strategy for the charity's future growth including looking at expanding our reach to other locations via a training offer.

Central to this role is the ability to work according to the organisation's core values of:

Ambition: for young people, SLTH and ourselves as individuals.

Commitment to **continuous improvement**

Owning areas for improvement

Professionalism in all areas at all times

Curiosity without judgment; (about human and equine behaviours)

Embrace difficulty & difference; it's where the learning happens

Who We Are Looking For

We are seeking several new Trustees who bring experience in any of the following areas:

- Charity governance
- Business strategy & scaling
- PR & Marketing
- Mental health
- Education
- HR / workforce development
- Legal & regulatory compliance
- Safeguarding & risk
- Finance or fundraising

Trustee Responsibilities

As a Trustee, you will:

- Provide strong, values-led governance during a period of significant organisational growth.
- Support risk management, safeguarding and compliance across the charity.
- Act as a supportive critical friend to the CEO and leadership team.
- Advise on organisational development, site expansion and strategic partnerships.
- Join or lead a subcommittee aligned to your expertise (e.g. HR, Finance, Safeguarding, Governance).

What You'll Bring

- Experience in charity, business, legal, HR, education, mental health, safeguarding or finance.

- Confidence interpreting complex information and contributing to strategic decisions.
- A collaborative and supportive approach.
- Passion for improving life chances for vulnerable young people.

What We Offer

- The opportunity to shape the future of a high-impact youth charity.
- A warm, skilled and values-driven Board team.
- Full induction and ongoing training.

At Strength and Learning Through Horses, we deeply value diversity and inclusion and warmly welcome applications from individuals of all backgrounds. We are committed to creating a workplace that is diverse, inclusive, and authentic. If you're enthusiastic about this opportunity but feel your experience doesn't match every requirement listed, we still encourage you to apply.

How to Apply

Please send:

- A short cover letter outlining your interest and relevant expertise.
- Your CV.

Email: hr@strengthandlearningthroughhorses.org

Deadline: 5th January 2026

Interviews: w/c 12 January 2026

Induction: w/c 26th January 2026